

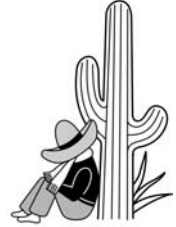
"4 YOU RUMBA"

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Record: S/P CNE 499 (Flip Spring Time Waltz)
Phase: IV+2 (Full Nat Top & Stop & Go Hockey Stick) Speed 45
Sequence: A B A B END Release: October 1999

CP WALL LEAD FOOT FREE WAIT 2 BEATS

PART "A"

1-8 1/2 BASIC; FAN; ALEMANA;; LARIAT;; NEW YORKER IN 4;



NEW YORKER;

- 1 (1/2 Basic) Fwd L, rec R, small sd L,-;
- 2 (Fan) Bk R, sd & fwd L, fwd R fc DW,-(Fwd L trn 1/4 LF, bk R, bk L,-);
- 3-4 (Alemana) Fwd L, rec R, cl L lead Lady to trn RF,-; bk R, rec L, sd R,-(Cl R, fwd L, fwd R commence RF swivel to fc partner,-; cont RF trn under lead hnds fwd L, cont trn fwd R, fwd L fc COH on Man's right side,-);
- 5-6 (Lariat) Sd L, rec R, cl L as Lady circles around,-; sd R, rec L, sd R,-(Circle RF around man R, L, R,-; L, R, L to end fcg Man maintain lead hnd hold,-);
- 7 (New Yorker in 4) Thru L RLOD with straight leg to side by side, rec R to fc partner, sd L LOD, rec R RLOD,-;
- 8 (New Yorker) Thru L RLOD with straight leg to side by side, rec R to fc partner, sd L,-;

9-16 AIDA; SWITCH ROCK; SYNC VINE; SHOULDER to SHOULDER SHKE HNDS; FLIRT to a FAN;; HOCKEY STICK;;

- 9 (Aida) Thru R LOD, sd & bk L lead hnds jnd, bk R to "V" bk to bk position,-;
- 10 (Switch Rock) Trn LF fc partner sd L chk bring jnd hnds thru, rec R, sd L,-;
- 11 (Sync Vine Q&QS) XRIF/sd L, XRIB, sd L,-(XLIF/sd R, XLIB, sd R,-;
- 12 (Shoulder To Shoulder) Fwd R Bfly BJO, rec L to fc, sd R,-;
- 13-14 (Flirt to a Fan) Fwd L, rec R, small sd L,-; bk R, sd & fwd L, fwd R fc DW,-(Bk R, fwd L, fwd R trn LF to Varsuv pos,-; bk L, rec R, sd & bk L lead hnds jnd fc RLOD,-);
- 15-16 (Hockey Stick) Fwd L, rec R, cl L raise jnd hnds to prepare Lady to trn,-; bk R, rec L, sd R fc RDW,-(Cl R, fwd L, fwd R,-; fwd L, fwd R trn LF under jnd lead hnds to fc partner, bk L,-);

PART "B"

1-8 1/2 BASIC to FULL NATURAL TOP;;;; CROSS BODY;; BREAK BACK;

START PROG WALKS;

- 1-4 (1/2 Basic to Full Natural Top) Fwd L, rec R, fwd & sd L CP fc DRW,-; commence 2 RF trns XRIB, sd L, XRIB,-; sd L, XRIB, sd L,-; XRIB, sd L, sd R CP fc WALL,-(Bk R, rec L, fwd & sd R,-; sd L, XRIF, sd L,-; XRIF, sd L, XRIF,-; sd L, XRIF, sd L,-);
- 5-6 (Cross Body) Fwd L, rec R, trn LF sd L,-; cont trn bk R, sd & fwd L, sd R fc COH,-(Bk R, rec L, fwd R,-; fwd L commence LF trn, cont trn sd & bk R, sd L fc partner,-);
- 7 (Break Back) Swivel LF on R bk L fc RLOD, fwd R, fwd L,-;
- 8 (Start Prog Walks) Fwd R, fwd L, fwd R,-;

9-16 FINISH PROG WALKS to FC; CROSS BODY; 1/2 BASIC; FAN;
STOP & GO HOCKEY STICK;; ALEMANA to CP;;

- 9 (Finish Prog Walks to Fc) Fwd L, fwd R trn RF fc partner CP, sd L,-;
- 10 (Cross Body) Trn LF bk R, cont trn sd & fwd L, sd R fc WALL,-;
- 11 (1/2 Basic) Fwd L, rec R, small sd L,-;
- 12 (Fan) Bk R, sd & fwd L, fwd R fc DW,-(Fwd L trn 1/4 LF, bk R, bk L,-);
- 13-14 (Stop & Go Hockey Stick) Fwd L, rec R raising left arm to lead Lady to a LF underarm trn, cl L,-; cross check R DW place right hnd on Ladys left shoulder blade to check her movement, rec L raising left arm to lead Lady to a RF underarm trn, sd & fwd R fc DW,-(Cl R, fwd L, fwd R trn 1/2 LF under jnd hnds to end on mans right side,-; check bk L, rec R, fwd L trn 1/2 RF under jnd hnds to end in fan pos,-;
- 15-16 (Alemana CP) Fwd L, rec R, cl L lead Lady to trn RF,-; bk R, rec L, sd R,-(Cl R, fwd L, fwd R commence RF swivel to fc partner,-; cont RF trn under lead hnds fwd L, cont trn fwd R, fwd L to CP,-);

REPEAT "A" "B"

ENDING

1-8 1/2 BASIC; FAN; ALEMANA;; LARIAT;; REV UNDERARM TRN;
THRU SIDE LUNGE APART FC RLOD;

- 1 (1/2 Basic) Fwd L, rec R, small sd L,-;
- 2 (Fan) Bk R, sd & fwd L, fwd R fc DW,-(Fwd L trn 1/4 LF, bk R, bk L,-);
- 3-4 (Alemana) Fwd L, rec R, cl L lead Lady to trn RF,-; bk R, rec L, sd R,-(Cl R, fwd L, fwd R commence RF swivel to fc partner,-; cont RF trn under lead hnds fwd L, cont trn fwd R, fwd L fc COH on Man's right side,-);
- 5-6 (Lariat) Sd L, rec R, cl L as Lady circles around,-; sd R, rec L, sd R,-(Circle RF around man R, L, R,-; L, R, L to end fcg Man maintain lead hnd hold,-);
- 7 (Rev Undearm Trn) XLIF, rec R, sd L,-(XRIF under jnd lead hnds trn LF, rec L trn LF to fc partner, sd R,-);
- 8 (Thru Side Lunge Apart Fc RLOD) Thru R, sd L to fc, sd R apart fc RLOD trailing hnds out to side at shoulder height;

